

**The Chinese Kitchen: Recipes, Techniques, Ingredients, History,  
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Cooking**

**By Eileen Yin-Fei Lo**

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Jean Anderson Cooks: Her Kitchen Reference & Recipe Collection; author; ; 1982 . Truffles, Candies, & Confections: Techniques And Recipes For Candymaking; author; My Head And My Heart, A Little History Of Thomas Jefferson And Maria And Memories From America's Leading Authority On Chinese Cooking;

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Books, Cooking · The Chinese Kitchen: Recipes, Techniques, Ingredients, History, And Memories From America's Leading Authority On Chinese Cooking by Lo,

<https://www.hpb.com/books/best-sellers/565-chinese>

America's leading authority on Chinese cooking, Eileen Yin-Fei Lo, shares of culinary history, recipes, techniques, and ingredients in The Chinese Kitchen.

<https://www.foodwine.com/food/special/lunar/>

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Eileen Yin-Fei Lo, author of award-winning cookbooks, menu developer for top Asian restaurants, and cooking teacher, presents her life's work. Reflecting on her life in food, including her childhood in Canton, China, where she learned to cook at her grandmother's side, Eileen has  
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[www.marthastewart.com/267325/chinese-cookbooks](http://www.marthastewart.com/267325/chinese-cookbooks)

In her newest Chinese cookbook, Canton native Yin-Fei Lo (The Chinese Banquet Cookbook) The Chinese Kitchen: Recipes, Techniques, Ingredients, History, and Memories from America's Leading Authority on Chinese Cooking.  
<https://www.publishersweekly.com/978-0-688-15826-2>

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Name change[edit]. The name of this article was changed from food therapy to Chinese food "The Chinese Kitchen: Recipes, Techniques, Ingredients, History, and Memories from America's Leading Authority on Chinese Cooking" by Eileen Yin Fei-Lo. "Feng Shui and the 5-Element Kitchen" by Jurgen Heinrich Fahrnow.  
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Asian Ingredients - Offers a wealth of information on identifying and using the often unfamiliar The Chinese Kitchen - Recipes, Techniques, Ingredients, History, and Memories from America's Leading Authority on Chinese Cooking. Authentic  
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This book is about cookery, chinese. kitchen: recipes, techniques, ingredients, history, and memories from America's leading authority on Chinese cooking.  
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American Regional Cuisine: A Coast-to-Coast Celebration of the Nation's Culinary Diversity. New York: The Chinese Kitchen: Recipes, Techniques, Ingredients, History, and Memories from America's Leading Authority on Chinese Cooking.  
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Fine Art Chinese Cooking Su Jan cookbook 1962 vintage Chop Suey: A Cultural History of Chinese Food in the United States: Andrew Coe: Amazon.com: Books · Chop Suey Chinese Chu introduced generations of Americans to Chinese cooking. Chinese Kitchen by Eileen Yin-Fei Lo This book is making us hungry!  
<https://www.pinterest.com/pin/499336677407549817/>

The Chinese Kitchen cookbook by Eileen Yin-Fei Lo presents recipes, techniques, ingredients, history, and memories from America's leading authority on Chinese c. In the chapter "All Foods in Harmony," Eileen discusses the yin and yang, or hot and cool properties, that the Chinese associate with food, and how certain  
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