

**Power Your Happy: Work Hard, Play Nice & Build Your Dream  
Life**

**By Lisa Sugar**

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Power your happy : work hard, play nice, and build your dream life / Lisa Sugar. life as an example, Lisa Sugar of POPSUGAR tells us how to improve your

[www.nlb.gov.sg/biblio/202734946](http://www.nlb.gov.sg/biblio/202734946)

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<https://www.dailymotion.com/video/x63ezal>

Editorial Reviews. Review. Praise for POWER YOUR HAPPY: "Sugar presents tactics for networking and crafting a resume or cover letter, and describes her

<https://www.amazon.com/Power-Your-Happy-Build-Dream-ebook/dp/B01DJZWAF0>

How To Change The World & Live Your Purpose w/ Adam Braun If you ever feel like you're meant for more in this life but you doubt that one person In my current business model, I'm working one-on-one with women building their that would be nice!) but because I know that by writing my dream down I am on the first

<https://www.marieforleo.com/2014/03/change-the-world-adam-braun/>

“We buy things to make us happy, and we succeed. “It's totally okay to have lots of nice things. You could spend your whole life trying to keep up, but will probably No one will ever give you permission to live your dreams. . You don't find your soul-mate, you create your soul-mate through hard work.

<https://medium.com/.../35-things-no-one-ever-told-you-about-becoming-successful-3...>

and adversity in Spanish. Spanish songs for overcoming obstacles, adversity and hard times. . Fighting for and taking ownership of your life.

Lisa Sugar has an amazing job. She spends her days at POPSUGAR creating content about pop culture, must-have handbags and makeup,

The NOOK Book (eBook) of the Power Your Happy: Work Hard, Play Nice & Build Your Dream Life by Lisa Sugar at Barnes & Noble.

<https://www.barnesandnoble.com/w/power-your-happy-lisa-sugar/1123845392?...>

Lisa Sugar, founder and president of POPSUGAR and author of POWER YOUR HAPPY: Work Hard, Play Nice & Build Your Dream Life

<https://www.forbes.com/sites/elanagross/2016/11/28/lisa-sugar-popsugar/>

Very few can say they've built their dream career from what began as a “Your Happy: Work Hard, Play Nice and Build Your Dream Life” delves

[www.advertisingweek.com/news/.../-popsugars-lisa-sugar-wants-you-to-power-your-hap...](http://www.advertisingweek.com/news/.../-popsugars-lisa-sugar-wants-you-to-power-your-hap...)

Sugar recounts the founding of her media empire, PopSugar, while also imparting advice for personal and professional fulfillment. She left a

<https://www.publishersweekly.com/978-1-101-98506-9>

10 Questions to Ask Yourself Before Giving Up on Your Dream We're enthusiastic and hard-working, but our support system disintegrates when we need them the most. We're just about .. Pingback: Do Happy: Pursue Fewer Goals | tinybuddha.com() Pingback: Work Life Balance by Lori Deschene - Own Your Power().

<https://tinybuddha.com/.../10-questions-to-ask-yourself-before-giving-up-on-your-dr...>

Hard Work in 5 Easy Steps: Understanding Perseverance in the Your job, your chores, your obligations to your family and the favors to your . of your life and challenging your assumptions about your goals. you and make sure it aligns with what will make you truly happy. .. Nice Article For Everyone!

[www.primermagazine.com/2012/live/what-is-hard-work](http://www.primermagazine.com/2012/live/what-is-hard-work)

The founder of the popular website PopSugar delivers an inspirational, upbeat memoir that includes advice and encouraging stories. RM112.50 Online Price

<https://malaysia.kinokuniya.com/bw/9781101985069>

101 of the greatest and smartest happiness quotes in one big and very These timeless tips will help you to live a happy life. Buddha; “Happiness is the art of never holding in your mind the is to cease worrying about things which are beyond the power of our will.” . Your responsibility is to create joy.”

<https://www.positivityblog.com/happiness-quotes/>

POPSUGAR cofounder and President Lisa Sugar shares her personal and business story by giving helpful tips on how to turn your passions

POPSUGAR founder and president Lisa Sugar's new book, Power Your Happy, helps you combine your passions and talents for success. Meet Lisa. Lisa Sugar has an amazing job. And her life is just as great at home. She and her

<https://www.poweryourhappy.com/>

So Lucy's enjoying her GYPSY life, and she's very pleased to be Lucy to build—even the ones with no flowers or unicorns on them—and . I can't wait for next week's article about how to be a Nice Imaginative Greatest Generation Ever . Maybe your dream job is going to Africa to work with children in an

<https://waitbutwhy.com/2013/09/why-generation-y-yuppies-are-unhappy.html>

Many people underestimate the great motivational power that can be found Hard work and a good dose of determination can lead you .. Make that one idea your life—think of it, dream of it, live on that idea. and long-lasting foundation upon which you can build a successful life. I wrote down “happy”.

Power Your Happy: Work Hard, Play Nice, and Build Your Dream Life by @Lisa Sugar? In her first book the founder of PopSugar tells her journey from being lost

<https://www.pinterest.com/pin/28991991331478888/>

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<https://itunes.apple.com/us/podcast/earn-your-happy-podcast.../id1087926635?mt...>

Life insurance: \$225 Partying: \$1,000 (I work hard and play hard) take advantage of consulting gigs on the side that will pay a nice hourly wage. P.S. If you NEED more money and want to grow your online business click here. like to make my own decisions! to be able to pay my bills and have a car,  
<https://www.quicksprout.com/2011/03/16/how-much-money-do-you-really-need/>

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Just ask Lisa Sugar, the founder and president of POPSUGAR and the author Your Happy: Work Hard, Play Nice and Build Your Dream Life.  
[people.com/books/power-your-happy-by-lisa-sugar-cover-reveal/](http://people.com/books/power-your-happy-by-lisa-sugar-cover-reveal/)

They are all here in your corner to shine a spotlight on life and share their Whether you see life as a comedy, a drama, a dream, or an an adventure, Life quotes also teach you to grow your happiness right under your feet, live . “Who will tell whether one happy moment of love or the joy of breathing or . “Life is hard.

If your actions inspire others to dream more, learn more, do more and A dream doesn't become reality through magic; it takes sweat, determination and hard work. Life is too short to be living somebody else's dream. Life is a game - play it. You can design and create, and build the most wonderful place in the world.  
<https://www.brainyquote.com/quotes/keywords/dream.html>

Power Your Happy has 300 ratings and 51 reviews. Jennifer said: Lisa Sugar's new business/self-improvement book brims with optimism and promotes the beli.  
<https://www.goodreads.com/book/show/29808767-power-your-happy>

Each of us encounters hard times, hurt feelings, heartache, and physical Your inner dialogue is the software that programs your attitude, You can create a direct path to success by what you say. 6. The Power in a Positive Greeting Most people enjoy working and living with others who try to live life for  
[www.success.com/article/why-your-attitude-is-everything](http://www.success.com/article/why-your-attitude-is-everything)

Our desires are countless, independent agents, working to nudge If you absolutely had to do that – if your life and the lives of You may not be able to create the next Google, cure cancer and If you want the power to follow your dreams, you have to say no to all the alternatives. .. Really nice article!  
<https://oliveremberton.com/.../if-you-want-to-follow-your-dreams-you-have-to-say-n...>

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<https://books.google.com.ua/books?isbn=1101985070>

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<https://www.amazon.com/Power-Your-Happy-Build-Dream/dp/B01L7MBN1E>

The gig: Lisa Sugar, 40, is the founder and president of PopSugar, the . “Power Your Happy: Work Hard, Play Nice & Build Your Dream Life” is

[www.latimes.com/business/technology/la-fi-himi-lisa-sugar-20161005-snap-story.html](http://www.latimes.com/business/technology/la-fi-himi-lisa-sugar-20161005-snap-story.html)

An effective employee, no fuss, no muss, a manager's dream. The 3 real reasons that motivate us to work hard every day If these three things play nicely together, Amabile and Kramer called this the somewhat 3 Most important things to improve your inner work life and manage your motivation:.

<https://blog.bufferapp.com/the-science-of-what-motivates-us-to-get-up-for-work-ever...>