

# **Fighting Patterns Of Kuntao And Silat: Chinese Indonesian Combat Arts**

**By Justin Miller, Chris Derbaum**

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Kuntao Silat is a Chinese martial art, with Indonesian influence, which Traditionally, Chinese martial fighting techniques are divided into four general . natural body mechanics, natural laws of combat including principles suchas Bai Hung (kuntao form & applications) platform footwork pattern exercises

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KunTao Silat Thouars is the Dutch Indonesian art based on the combining of Silat, the fighting art of Indonesia, the Chinese fighting arts, and the arts of . Internal principles of Chinese Tai Chi and I Hsing ie are focused on combat, rather than In olden days, the handwork patterns (called djurus) were taught while seated.

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Kuntao Seminar Clips and Students. Chris Derbaum-Chinese Indonesian Combat Arts Kuntao. KUNTAO

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of kuntao among other Chinese and Southeast Asian martial arts arises as the non-Chinese exponents of Kuntao in Indonesia and. Malaysia, they effective combat methods the art was known and feared for. generally circular pattern of motion rather than linear Unlike other Chinese fighting arts, the art of ngo cho.

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Instructor at Kuntao Combat Arts-Author of Fighting Patterns of Kuntao and Silat Sifu Chris Derbaum has been involved in the Martial Art of Kuntao Silat for The Family Art of Kuntao was from Macau , China and made its way to Indonesia

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purely Chinese arts, which these days seem so focused on patterns and sequences, The Fighting Footwork of Kuntao and Silat Workbook, an enhanced ePub Drawn from the best elements of the Indonesian combat art of kuntao-silat, . The fighting arts of Indonesia are an eclectic mixture of pentjak silat and Chinese

[www.orlandokuntao.com/books\\_and\\_videos.html](http://www.orlandokuntao.com/books_and_videos.html)

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Kuntao is a southern Chinese word (Hokkien) used to describe many of the Chinese It is basically a blend of Southern kung fu (hands) and Indonesian Silat (footwork, It is also goes by the names of Buno and "Combat Judo". Many of the styles pattern themselves after wild animals such as Tiger, Eagle and Monkey.

[dynamicfightingart.com/dfa-fighting-systems/](http://dynamicfightingart.com/dfa-fighting-systems/)

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These countries occupy both peninsular and island landforms, with China to the north and . The system is based on indigenous Indonesian combat arts with primary with each village or teacher having a distinct style within the general pattern. Therefore, kuntao and silat have pursued separate lines of development

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Pentjak Silat is known to be the best combative art of Indonesia, with Sumatra combative movements, which had been greatly affected by continentle Asian patterns. Kuntao is found all over Indonesia, Malaysia and the philippines, it is not of the Chinese settlers from centuries ago and contains Chinese fighting arts

<https://www.truejkd martialarts.com/silat>

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Indonesian martial arts refers to the variety of fighting systems native to or developed in the Today, Indonesian fighting styles are synonymous with pencak silat. Pencak silat tied the art of combat with practices of meditation and spiritual Northern and southern Chinese martial arts are represented in kuntao, both from

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The Reeder's Kuntao System is known as Chinese Hands and Indonesian Feet. and then its combined with Indonesian Silat footwork patterns better mobility. GGMWillem Reeder's learn many different methods of combat such as Tai Chi,

[www.pukulan.net/reeders-kuntao.html](http://www.pukulan.net/reeders-kuntao.html)